

## A warm welcome to Early Years 3D PSHE!

As a prime area of the Early Years Curriculum, PSED (Personal, Social and Emotional Development) is known to be a vital part of Early Learning.

All key areas of the Early Years PSED curriculum are covered in creative and innovative ways within the Early Years 3D PSHE programme.

We have used four simple headings to organise the PSED statements, in order to help children understand their relevance and importance. These are referenced, as appropriate, on each lesson plan.



### **It's All About... Taking Part!**

Encouraging young children to participate and be actively involved in home, school and community life at an individual, group and class level, understanding how to behave appropriately in different situations.



### **It's All About... Being Smart!**

Encouraging young children to think carefully, to develop positive attitudes towards themselves and others, to recognise and have confidence in their own abilities and talents and to know how to manage personal hygiene, as well as keeping healthy and safe, linked to behaviour and potential consequences.



### **It's All About... Where to Start!**

Encouraging young children to be confident, to show initiative in a range of different situations and settings and to develop strategies for how to solve problems and resolve conflicts.



### **It's All About... Having Heart!**

Encouraging young children to show sensitivity and compassion towards others, to manage their feelings, to develop positive, caring and respectful relationships with both children and adults and to cooperate and share willingly.

Modern British values are embedded, both implicitly and explicitly within the teaching resources, so that, from a very early age, children are being taught the importance of tolerance, democracy, respect and rules and responsibilities.

This is an invaluable resource for any Early Years practitioner, with 25 stories in total, all linked directly to the Development Matters objectives, covering all the PSED Early Learning Goals, as well as the following:-

- Talks about past and present events in their own lives and in the lives of family members (UW)
- Talks about ways to keep healthy and safe (PD)
- Manages own basic hygiene and personal needs successfully, including dressing and going to the toilet independently (PD)

The storylines, which are meaningful and relevant to this age group, introduce characters that young children can identify with in order to help teach key messages and skills.

Lily, a likeable but mischievous young lady and her friend, Sam (short for Samir) lead the cast, along with their friends, Kally, Poppy and Dan. They're all in Mr. Forrest's class at school, along with Ben (that difficult child that we've all experienced!). Centred on both school and home life, their stories are engaging and enjoyable, ultimately leading to lasting learning.

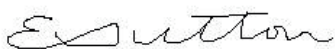
Engaging, practical follow-up activities are suggested on each lesson plan, linked to the stories, and many of the stories can be acted out or used in role play situations, hence the Story Resources suggestions. All images come in digital format, along with the lesson plans on CD-ROM.

The accompanying Pupil Books provide additional activity opportunities, linked to the stories, designed to develop a range of skills, such as mark making / writing, colouring, drawing and design.

Early Years 3D PSHE is a perfect starter on the journey of personal development for any child and the KS1 and KS2 3D PSHE Programmes are ideal for continuing that journey in a planned, progressive way! To find out more go to <http://www.dimensionscurriculum.co.uk/resources/3d-pshe/>

Now, go and have fun teaching PSHE!

Elaine Sutton



Creative Director, Dimensions Curriculum Ltd.





## Making Relationships

- Initiates conversations, attends to and takes account of what others say (DM 40-60 months) It's all about... taking part!
- Explains own knowledge and understanding (DM 40-60 months) It's all about... taking part!
- Asks appropriate questions of others (DM 40-60 months) It's all about... being smart!
- Takes steps to resolve conflicts with other children by finding compromises (DM 40-60 months) It's all about... where to start!
- Plays co-operatively, taking turns with others (ELG) It's all about... taking part!
- Takes account of one another's ideas about how to organise an activity (ELG) It's all about... having heart!
- Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children (ELG) It's all about... having heart!

## Lessons

- Lesson 7 'An Old Friend'
- Lesson 16 'All Join In'
- Lesson 23 'Eid Mubarak!'
- Lesson 11 'I Feel Poorly'
- Lesson 18 'A Piece of Cake'
- Lesson 4 'It's Your Turn'
- Lesson 4 'It's Your Turn'
- Lesson 24 'Playtime Games'
- Lesson 25 'Litter Bug!'
- Lesson 10 'Rainy Days'
- Lesson 19 'Busy Body'
- Lesson 1 'Hide and Seek'
- Lesson 7 'An Old Friend'
- Lesson 14 'Family Fun'
- Lesson 23 'Eid Mubarak!'

## Self Confidence / Awareness

- Confident to speak to others about own needs, wants, interests and opinions (DM 40-60 months) It's all about... being smart!
- Can describe self in positive terms and talk about abilities (DM 40-60 months) It's all about... being smart!
- Confident to try new activities (ELG) It's all about... being smart!
- Says why they like some activities more than others (ELG) It's all about... being smart!
- Confident to speak in a familiar group (ELG) It's all about... taking part!
- Talks about their ideas (ELG) It's all about... being smart!
- Chooses resources they need for their chosen activities (ELG) It's all about... being smart!
- Says when they do or don't need help (ELG) It's all about... being smart!

## Lessons

- Lesson 3 'I Like...'
- Lesson 10 'Rainy Days'
- Lesson 25 'Litter Bug!'
- Lesson 8 'Me and You'
- Lesson 15 'One Gold Star'
- Lesson 6 'Taking the Plunge'
- Lesson 2 'Nan's House'
- Lesson 10 'Rainy Days'
- Lesson 10 'Rainy Days'
- Lesson 18 'A Piece of Cake'
- Lesson 6 'Take the Plunge'
- Lesson 17 'I'm Stuck'
- Lesson 21 'Getting In a Knot'
- Lesson 22 'E-Safety, Be Safe'



## Managing Feelings / Behaviour

- Beginning to be able to negotiate and solve problems without aggression (DM 40-60 months) It's all about...where to start!
- Talks about how they and others show feelings (ELG) It's all about... having heart!
- Talks about their own and others' behaviour and its consequences (ELG) It's all about... being smart!
- Works as part of a group or class, and understands and follows the rules (ELG) It's all about... taking part!

## Lessons

- Lesson 5 'What a Problem'
- Lesson 25 'Litter Bug!'
- Lesson 2 'Nan's House'
- Lesson 20 'The New Pet'
- Lesson 12 'Clean and Tidy'
- Lesson 13 'Bully Boy'
- Lesson 24 'Playtime Games'
- Lesson 9 'Stick to the Rules'

